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Ear, Nose & Throat Clinics of San Antonio, P.A.

Over-the-Counter Medications to Stop Before an Allergy Test

The following are antihistamines/decongestants that should be omitted 72 hours before testing. Drugs that contain antihistamines or have antihistamine effects can result in negative reactions to skin testing. If you are unable to discontinue any of these medications please contact our office immediately.

Actifed	Drixoral	Nyquil
Advil Cold/Sinus	Dimetapp	Ornade
Axid	Dramamine	Polaramine
Atarax	Excedrin PM	Robitussin
Benadryl	Formula 44	Rondec
Cholrpheniramine	Isoclor	Ru-Tuss
Chlor-Trimeton	Kronofed A	Sudafed
Comhist	Kronofed A Jr	Teldrin
Comtrex	Midol PM	Triaminic
Deconamine	Naldecon	Tylenol PM
Dextromethorphan	Nolahist	Tylenol Cold/Sinus
Diphenhydramine	Nolamine	Trinalin

UNLESS YOU ARE ON A BETA-BLOCKER - All medications taken for conditions other than allergies should be continued.

PLEASE NOTIFY US IMMEDIATELY IF YOU HAVE TAKEN ANY OF THE FOLLOWING MEDICATIONS:

Celestone	Hismanal	Pamelor
Elavil	Kenalog	

If you have any questions regarding any medications please contact your physician's office.