

## MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

The following medications must be stopped **5 days prior to testing**, unless otherwise noted. If you are taking any medications for your heart, notify our office immediately. Please notify your physician or allergy tech if you are taking any of the following:

### **ANTI-HISTAMINES**

Hismanal (Stop 6 weeks prior)  
 Optimine  
 Bromphen  
 Zyrtec and Zyrtec D  
 Chlor-Trimeton  
 Tavist and Tavist D  
 Periactin  
 Benadryl and Sominex  
 Allegra and Allegra D  
 Atarax  
 Claritin and Claritin D  
 Clarinex  
 Q-Dall  
 Brovex  
 Marax  
 Vistaril  
 Pannaz  
 Alavert  
 Antivert  
 Phenergan  
 Temaril  
 PBZ  
 Astelin

### **ANTI-EMETICS**

Compazine

### **HERBAL SUPPLEMENTS**

**\*Stop 3 weeks prior to testing\***

Green Tea  
 Saw Plametto  
 St. John's Wort

### **CORTICOSTEROIDS**

Topically  
 Chronic Orally (Stop 2 weeks prior)

### **TRICYCLIC ANTIDEPRESSANTS**

**\*Mild Effect\***

Elavil (Amitryptiline)  
 Anafranil (Clomipramine)  
 Norpramin (Desoipramine)  
 Sinequan (Doxepin)  
 Tofranil (Imipramine)  
 Pamelor (Nortriptyline)

### **NASAL SPRAYS**

**\*Stop 1 day prior to testing\***

Nasonex  
 Nasacort  
 Nasacort AQ  
 Flonase  
 Rhinocort  
 Rhinocort Aqua  
 Nasarel  
 Vancenase  
 Beconase

### **THE FOLLOWING MAY HAVE A MILD EFFECT ON TESTING**

Tagamet (Cimetidine)  
 Pepcid (Famotidine)  
 Axid (Nizatidine)  
 Zantac (Ranitidine)